



Cowbit St Mary's Endowed Church of England Primary School

No-Smoking Policy

Policy reviewed by Governors October 2021

Policy formally approved by Governors ___/___/___

Policy to be reviewed annually

Our Vision

We are a small, inclusive Church of England Primary School that welcomes everyone and encourages all voices to be heard. Through challenge and support, we strive towards each person becoming the best person God intended them to be, happily flourishing as human beings. We empower our whole school community to be hopeful about the future and to be drivers of positive change.

1 Introduction

1.1

In order to promote a healthy working and learning environment for all children and adults, Cowbit St Mary's Church of England School is a non-smoking establishment. This also includes E-cigarettes.

1.2

At Cowbit St Mary's Church of England School we believe that smoking in any form is harmful to health. We aim to educate our children about the dangers and try to discourage them from considering taking up smoking of any form in the future, including E-cigarettes.

1.3

We regard as harmful and therefore ban use of tobacco such as chewing tobacco or snuff.

2 Rationale

2.1

Research shows that almost a quarter of all young people are regular smokers by the age of 15. Almost all adult smokers took up the habit when they were children. About 450 children a day take up the habit. Smoking is regarded by the medical profession as the major cause of many illnesses. It is estimated that approximately 120,000 smokers a year die in the UK because of their smoking habit. Children can be harmed by passive smoking, i.e. by inhaling smoke from other people's cigarettes. It is known that smoking is harmful to the unborn babies of mothers who smoke. For all these reasons, our school does all it can to discourage children from smoking, and to educate them, so that they grow up to lead a healthy lifestyle. This includes discouraging children from smoking E-cigarettes.

3 Aims and objectives

3.1

We aim to:

- help children know and understand the dangers of smoking in any form, and the harmful effects that smoking can have on their bodies;
- provide children with the knowledge and information necessary for them to make responsible choices in relation to smoking;
- equip children with the social skills that enable them to resist the pressure to smoke, either from their peer group, or from society in general.
- promote a healthy, smoking-free environment in school.

4 Organisation

4.1

We teach children about the dangers of smoking as part of their personal, social and health education (PSHE) programme and Science Curriculum across KS2, with

advice and support from the Health Authority. As well as teaching the children about the effects that smoking has on the body, we engage them in discussions about the reasons why people start to smoke, and what they themselves might do if other people encourage them to try cigarettes when they are older. The children's class teacher leads all such discussions in a sensitive manner. He or she encourages the children to explore the views of other people, and to reflect on their own personal convictions with regard to smoking. Our aim is to help the children make their own decision not to smoke because they believe it is the wrong lifestyle to choose.

4.2

The dangers of smoking sometimes arise as an issue in science lessons, when children learn about the way substances affect the body, e.g. when we teach them about how medicines can help the body. When such an issue arises, the class teacher deals with it in context, and answers the children's questions to the best of their ability, taking care to explain that smoking is dangerous, and should be avoided.

5 Staff

5.1

Lincolnshire Authority has a no-smoking policy for all its premises, therefore smoking is not allowed on the premises, and this includes E-cigarettes. In addition to this reason we do not allow smoking on the school premises because we do not want to present smoking as acceptable, nor do we wish to present adult smokers as role models. To ensure that smoking is presented as unacceptable outside school premises, Staff, and any other adults (including children's parents) accompanying children on educational visits, are also not permitted to smoke. If any member of staff wishes to smoke, they must leave the school site. A breach of this policy will be seen as a variance from acceptable standards of behaviour and will be dealt with as a disciplinary matter.

6. Hirings

6.1

When the school is hired out for a private or a fundraising function it is on the strict understanding that smoking in any form is not allowed on the school premises.

7. Implementation

7.1

Every member of staff and volunteers will be made aware of this Policy, and a copy will be put on the School's website. Staff will also react in accordance with the school policy when engaged in discussions about smoking with individual children. Visitors to the school will be made aware of the policy upon initial arrival.

7.2

Over the academic year, all children and adults involved with the school will be made aware of this rationale. This will be ongoing as children progress between year groups.

8. Advice on stopping smoking

8.1

Any member of staff wishing to stop smoking will be supported and directed to appropriate assistance.

9. Monitoring

9.1

It is the role of the Headteacher to ensure that this policy is fully implemented. The Governors review this policy as part of their curriculum committee's monitoring of the effectiveness of the school's PSHE programme.